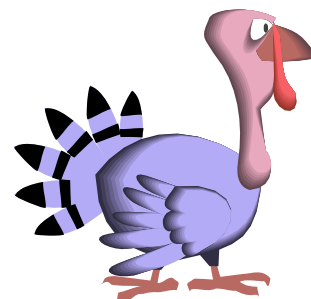


4th Annual



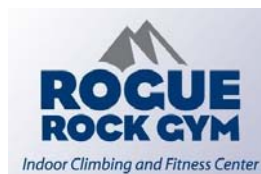
Turkey Trot



A Run to Benefit Access Inc.
8 Mile Run & 2 Mile Run/Walk
Spend Thanksgiving Morning
With Us!



Thursday November 26th
2 Mile at 8:15 am and 8 Mile at 8:00 am



Where: **Rogue Rock Gym**
3001 Samike Drive * Medford, OR 97504
Map on Back

Sponsor



Late registration 7:00 am to 7:45 Day of Race

COURSE: Out and back on the Bear Creek Bike Path.

AGE GROUPS: 14 and Under,15-18,19-29,30-39,40-49,50-59,60-69,70+

AWARDS: Metals for 1st through 3rd for each age category.

PRIZES: Prize drawings after race is completed. Must be present to win.

COST: Pre-registered/postmarked by November 15th: \$10.00 **SOR** Members and \$13.00 Non-members

Families are \$35.00 (Use separate sheet for each family member)

Day of Race all runners \$15.00. **** Please bring a can of food to donate.**

T-SHIRTS: Long sleeve cotton shirts for pre-registered runners are \$5.00 for each runner.

RESTRICTIONS: Absolutely no headphones, roller skaters, bicycles, skateboards, baby joggers, dogs

Make checks payable to: Southern Oregon Runners

CONTACT: Race Director - Chuck Whiteley (541)210-1117



Check One: 2 Mile Run/Walk _____ 8 Mile Run _____ T-Shirt Size: XS ___ S ___ M ___ L ___ XL _____

Name: _____ Age: _____ Gender: M F (Circle One)
(Please Print Clearly)

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____

You **MUST** read and sign waiver to participate in this event.

I know that running/walking in a road race is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release any and all sponsors including, but not limited to, the city of Medford, Southern Oregon Runners, RRCA, and race organizers, the representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may rise out of negligent or carelessness on the part of the persons named on this waiver.

Signature (Parent or Legal Guardian Must Sign For Runner Under age 18) Date

**** Mail entries to: Southern Oregon Runners, P.O. Box 665, Medford, Oregon 97501**

From I-5:

- Take either the South Medford Exit or Phoenix Exit and head west.
- Follow directions below:

From Medford:

- Take HWY-99 South until 1/4 Past Bear Creek Corporation
- Turn Left at South Stage Road (Stoplight, Shell on corner)
- Turn Left on Samike Drive
- Follow Samike to the Big Brown Warehouse, turn right into parking lot.

Overflow Parking in rear of the building.

From Phoenix:

- Take HWY-99 North
- Turn Right on South Stage Road (Stoplight, Shell on corner)
- Turn Left on Samike Drive
- Follow Samike to the Big Brown Warehouse, turn right into parking lot.

Overflow Parking in rear of the building.

